



# Port Moody Times

Tuesday  
May 30, 2023  
Day 1

## LOST & FOUND:

The following items were turned in. Please come to the office during lunch or after school to claim:

- Pandora bracelet with charms
- Ring
- Silver chain with ring
- 2 sets of headsets
- 1 Air Pod

## IB Grade 12: \*\*

Please return all outstanding TEXTBooks in the office immediately.

## GRADE 9-11 HOMEROOM: \*\*

**Wednesday - May 31**, beginning of **Block 4** go Students go to homeroom. Check schedules in MyEd for homeroom number and location.

## LEGALLY BLONDE: THE MUSICAL

**\*\*June 2 - SOLD OUT!!\*\***

OMIGOD, OMIGOD YOU GUYS!

Legally Blonde The Musical is being performed by PMSS students May 31st, June 1st, and 2nd. There are only 100 tickets per performance and tickets are \$10 each. Buy your tickets via school cash online or via this link: [Theatre - Port Moody Secondary School \(sd43.bc.ca\)](https://theatre-portmoodysecondaryschool.sd43.bc.ca)



## ART EXHIBIT

You are invited to see a free art exhibit at Coquitlam Center featuring artworks from across the district. Keep an eye out for our PMSS scholarship board in the NE Plaza by H & M, and our 9 to 12 smorgasbord-of-art boards near American Eagle.

The exhibit is on now, free, and open mall hours, ending 7 PM Tuesday May 30<sup>th</sup>.

Congratulations to Vivian Cao and Alexa Adams for representing Port Moody Secondary on this year's scholarship candidate's board.



## REMINDERS WHEN USING THE BUS

As Translink is back to regular levels of service, please keep the following in mind when you are taking public transit:

- Be mindful of where you are standing when the bus is coming to a stop. Moving away from the curb allows the driver to pull in safely.
- Remember that other students want to get on the bus. Pushing your way to the front of the line makes everything slower for everyone.
- With construction, the bus stop locations have changed. Check the signs or your app carefully to make sure that you're at the right bus stop.
- Other bus riders may not want to hear your conversation—keep the volume down.
- You might miss the bus, or it might be full. Another one will be along soon.
- If you see something unusual when you're on public transit, report it to a uniformed attendant, or text 87.77.77

We all need to work together to make a transit system that it safe for everyone!

## TEDXYOUTH@PMSS SPEAKER APPLICATION

TEDxYouth@PMSS is back for fall 2023. If you're interested in making new friends and having the chance to share your innovation, creativity, and passions, you should apply to be a speaker at this event! TEDxYouth@PMSS 2023 will be taking place in September/October 2023. Complete this application form before May

31: <https://forms.office.com/r/gapiPDzkgf2>

## 2023 GRAD INFO

### ❖ Commencement Tickets available for Purchase beginning May 30th

Commencement tickets will be available for sale on School Cash Online **from May 30<sup>th</sup> to June 9<sup>th</sup>**. All family and guests attending commencement must have a ticket (festival seating). Graduating students will not need a ticket. Tickets are \$10 each. Please contact Ms. Nembhard ([dnembhard@sd43.bc.ca](mailto:dnembhard@sd43.bc.ca)) if anyone in your party has mobility issues so that arrangements can be made. Tickets will be distributed to students Wednesday June 14<sup>th</sup>, along with cap and gown pickup.

### ❖ Music Choices for Dinner Dance

Gr. 12's attending the dinner dance, please let us know what songs you'd like to play! Deadline for submission is May 31<sup>st</sup>. <https://forms.office.com/r/8DdQ9hKR58>

### ❖ Grade 12 Students who did not receive their complimentary **COMPASS GRADPASS** tickets, please come to the office at lunch or after school for distribution.

COMPASS GRADPASSES are valid from May 15<sup>th</sup> – June 30<sup>th</sup> **and only available at the office until Tuesday, June 13<sup>th</sup>**.

### ❖ **Grade 12 graduating students**, please kindly fill in this form, <https://forms.office.com/r/ZQ21JdA1w9> to let us know what scholarship/bursaries/awards you been offered and received. Please use your school district 43 email to sign in. Below is the QR code to scan to access the form. The form needs to be submitted by June 2<sup>nd</sup>, 2023.



Class of 2023 -Port Moody Secondary School

### ❖ Please see updated 2023 PMSS External Scholarship Package. The deadlines for these scholarships are April 27<sup>th</sup>, May 1<sup>st</sup> & 11<sup>th</sup> & 21<sup>st</sup>, June 1<sup>st</sup>, and July 1<sup>st</sup>. [PMSS LOCAL and DISTRICT SCHOLARSHIPS AND BURSARIES PROGRAM \(sd43.bc.ca\)](#)

## SPIRIT DAYS: MAY 29<sup>TH</sup> - JUNE 1<sup>ST</sup>

Hi PMSS! Get ready to celebrate the week heading into spring fling with a spirit week. Student Council invites you to dress up from Monday to Thursday to show your school spirit!

Tuesday May 30- Socks and Crocs/Socks and Birkenstocks: Wear your favourite pair of crocs/birkenstocks

Wednesday May 31- On Wednesdays We Wear Pink: Wear pink to support the Legally Blond school musical happening this week!

Thursday June 1 - Tacky Tourist Thursday: Dress like a tourist

Friday June 2 - **Spring Fling**



### **SPRING FLING - FRIDAY, JUNE 2**

Spring Fling is back for an extended lunchtime on June 2nd, 2023! To those who aren't familiar, Spring Fling is a school-wide celebration as we head into the end of the school year. It's an opportunity to connect, relax, and have fun with each other and celebrate the 2022-23 school year.

The event will include:

- FOUR food trucks: Japadog, Rocky Point Ice Cream, Little Devil's Wood Fire Pizza, and Meet2Eat
- Performances: Drumline, Rock School, Jazz Band, and Dance Club
- Club Booths
- Variety of Carnival games
- Tons of Prizes and Fun!

Student Council looks forward to seeing you on June 2nd, PMSS!

### **No Cafeteria Food Service - Friday, June 2, 2023**

Note that the Cafeteria will be closed on Friday, June 2. Please make alternate plans that day.

## **ONGOING**

**PARENT FORMS & STUDENT FEES:** School District 43 uses the KEV School Cash Online (<https://sd43.schoolcashionline.com>) for both fee statements and District Policies forms.

**STUDENT PARKING PASS:** If you will be parking in the lower parking lot please come to the office at lunch or after school to pick up a Parking Registration form.

### **PAST YEARBOOKS FOR SALE**

Yearbooks from 2018, 2019, 2020, 2021 are on sale for **\$25 CASH ONLY**. Please come by the office to purchase one during lunch or after school.

**PMSS TIMES NEWSLETTER:** The PMSS Times newsletter will be emailed to parents and students on **Tuesdays** and **Thursdays**. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and in the Library Learning Commons beside the circulation desk

## **CAREER CENTRE**

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

### **PMSS Career Resource Centre**

**Room: 3066.** Open from 8:00am – 3:30pm Monday-Friday.

If you have any questions or to book an appointment, please feel free to email Ms. Rose at [jorose@sd43.bc.ca](mailto:jorose@sd43.bc.ca) or call 604-939-6656 ext. 3066. Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or e-mail Ms. Rose

### **Virtual / In-person Information Sessions, Presentations & University / College Fairs**

Upcoming UBC Engineering Events in 2023 Visit, [Upcoming events to share with your students \(envoke.com\)](https://www.ubc.ca/eng/events). The following virtual and in-person events with any of your students that might be interested in learning how they can change the world and make a positive impact as future engineers.

## **General Learning Opportunities**

\*UBC are pleased to announce that they are now offering online bootcamps in Video Game Coding and Virtual Reality Creation in partnership with Circuit Stream, the industry leading provider of online XR courses and bootcamps. Taught by industry professionals, their immersive online bootcamps provide an opportunity for **students aged 13-18** to turn their love of video games into skills for the future. For more information visit, [UBC Extended Learning | Online programs in Gaming and VR \(xrcourse.com\)](#)

**22+ TRADES TRAINING PROGRAMS**, Visit "[TRAIN in Trades" Programs - School District No. 43 \(Coquitlam\) \(sd43.bc.ca\)](#)

**Contact: Ben King** Career & "TRAIN in Trades" Coordinator 778-984-1354 [bking@sd43.bc.ca](mailto:bking@sd43.bc.ca)

**Society of Canadian Women in Science and Technology (SCWIST)**. SCWIST is an advocate for Equity, Diversity and Inclusion (EDI) in schools, universities, businesses and Canadian society, and supports efforts to promote equality for all, especially within science, technology, engineering and math (STEM). Applications for their [eMentoring program](#) are now **open**. eMentoring runs three times a year. The program is available for any students who identify as female or women, girls, trans, genderqueer, non-binary, two-spirit, and gender questioning. Sign up for eMentoring and they can put you in touch with a professional woman who is closely matched to your own interests or understands your situation. To apply, [eMentoring Application - SCWIST](#)

Are you interested in pursuing STEM and making a difference in the world? Join Hackamental 2023, a free in-person hackathon, organized by XdHacks Mini Vancouver happening on Saturday, June 24, 2023. The venue will be the Vancouver Independent School for Science and Technology (VISST). The hackathon encourages local high school students from Vancouver to work collaboratively and develop prototypes that will focus on Mental health and well-being. Within 8 hours, teams will work together to develop digital ideas aimed toward helping assist struggles with mental health and build awareness in societies today. XdHacks Mini Vancouver will provide resources like workshops, keynote presentations, interactive activities and mentors to help better equip you with skills to create innovative designs.

Venue: Vancouver Independent School for Science and Technology (VISST) 1490 W Broadway #200, Vancouver, BC V6H 4E8 Date and time: June 24, 2023 from 9am to 6pm Cost: FREE! You will have the option to place an order for lunch.

There are limited spots, so sign up quickly through <https://forms.gle/s5npUwKstTW4KWlb6>. Direct any questions to [xdhacksmini.van@gmail.com](mailto:xdhacksmini.van@gmail.com) or our Instagram, @xdhacksmini\_van.

### **Empowered Black Girl Internship Program July 31<sup>st</sup> – September 29<sup>th</sup>, 2023.**

The Empowered Black Girl Internship Program is designed to provide high school students grades 10 - 12 who identify as black girls with an opportunity to gain hands-on experience in various fields, with a keen focus on science, technology, engineering, and mathematics (STEM) fields and entrepreneurship. This program will provide an opportunity to develop new skills, build confidence, and establish a network of mentors and professionals who can guide and support them as they navigate their career paths. The program will also help students to develop leadership skills and learn how to advocate for themselves and their communities.

**See flyers for more details,** [Empowered Black Girl -internship-flyer.pdf \(sd43.bc.ca\)](#)

### **Empowered Black Girl 2023 Conference July 6<sup>th</sup> – 8<sup>th</sup>, 2023.**

Empowered Black Girl is a conference for Black girls in the Vancouver lower mainland area of British Columbia between grades 8 -12. The program was created to provide a platform for Black girls to interact & have empowering discussions with Black women to promote representation and provide resources for different aspects of daily life. Program focus areas include community development, health & wellness, mentorship, and personal development.

**See flyers for mor details,** [Empowered Black Girl -program-flyer.pdf \(sd43.bc.ca\)](#)

## **Volunteer/Employment Opportunities**

\***GLENAYRE ELEMENTARY** is hosting a school carnival on **Thursday, June 1<sup>st</sup>** and the PAC is looking for more student volunteers.

Volunteer details:

- Student volunteers will work the bouncy castles.
- Option to work one of 3 shifts; each shift is 75 minutes. (Event runs from 3 to 7pm)
- Students will be fed and receive a letter confirming volunteer hours.

If interested, please email the principal, Mr. Lloyd [alloyd@sd43.bc.ca](mailto:alloyd@sd43.bc.ca) , by Wednesday mid-day.

\***District 43 International Education** has volunteering opportunities available for high school students this summer. The program runs for six weeks in the summer out of Pinetree Secondary. Students can volunteer for AM, PM or both for one to six weeks. Volunteering in the mornings will involve assisting teachers in EAL and other classes. Volunteering in the afternoons may involve assisting teachers in classes but will also involve accompanying international students on field trips and activities. Students will receive volunteer experience that they can use towards their graduation requirements. All volunteers will receive a signed letter proving their hours. To register, <https://forms.office.com/r/5B9kA5Spxn>

\***PNE** is hiring students this summer and they will be visiting PMSS this **Friday, June 2<sup>nd</sup>, from 10:55am-12:20pm**. Come meet the recruitment team in the MPR. You're welcome to bring your resume.

The Port Moody Ecological Society and the Presence of the Ancestors Project is looking for enthusiastic people who would like to Volunteer on June 21 for the National Indigenous Peoples Day festivities at Rocky Point Park.

Help them to welcome the people of Port Moody to this event as we raise the House Posts

representing Three of Five Nations. They are looking for people who can help set up in the afternoon, greet guests and help serve food during the free feast. They will also need people who are willing to help clear the park at the end of the evening. If you'd like to be involved, please contact Tracey at: [volunteer.pofaproject@gmail.com](mailto:volunteer.pofaproject@gmail.com).

Anyone interested in working at the PNE can visit <https://www.pne.ca/jobs/> to view all available jobs, submit applications, and review information regarding the PNE's recruitment process. For a direct link to their 2023 PNE Fair Summer Jobs posting, please click the following link: [2023 PNE Fair Summer Jobs](#). All applications be submitted online through the included job posting. **To be eligible for employment during the 2023 Fair, applicants must be at least 15 years of age by August 1<sup>st</sup>, 2023. The deadline to submit applications is Sunday, June 18, 2023.** Successful applicants will receive an interview invitation via email in mid-June, and in this invitation, it will allow all candidates to choose their preferred Fair jobs. Virtual group interviews will be held on July 4<sup>th</sup>, July 6<sup>th</sup>, & July 9<sup>th</sup>.

**Looking for a job?** SD43 Trades Hiring Fair Wednesday, June 7<sup>th</sup> 5:00pm-7:30pm at Centennial Secondary. Bring your resume.

**Ribfest at Rocky Point Park.** It's happening on the weekend of July 21-23 with an expected 45,000 guests over the three days. They would love to have the students help them make this a fantastic event by joining their team of volunteers. They have [many volunteer positions](#) available that span all areas of the event. Visit, [SignUpGenius](#) which contains all the positions, shift times & descriptions. Port Moody Ribfest is a great family-friendly event that raises over \$130,000 for the Rotary Club of Port Moody. This money is returned to the community through grants and bursaries to a variety of clubs, organizations, and charities.

**British Swim School** is looking for part-time swim instructors in the Tri-Cities and Surrey locations. They offer flexible evening and weekend schedules. British Swim School is a nationwide provider of survival and stroke development swim lessons with an enhanced focus on a gentle, fun, and progressive aquatics program. They are looking for fun-loving individuals to join our award-winning team of swim instructors. Visit their website at <https://britishswimschool.com/tri-cities-langley/> to learn more.

**University of British Columbia**, Summer learning camp, [Phenomenal Physics Camps](#) in July 2023 is looking for volunteers. They need volunteers currently completing grades 10-12 to help them run their camps. This is an excellent outreach/teacher helper experience which includes training, mentorship and learning basic physics and astronomy skills. For volunteering information please see [here](#). They are accepting volunteer applications from **May 1 – 31<sup>st</sup>** and will be contacting students for interviews in early June. They are looking to hire 3-4 volunteers/camp to assist campers with science and recreational activities. For any questions and more information, please contact [camps@phas.ubc.ca](mailto:camps@phas.ubc.ca).

**UBC Physics Outreach Summer Camps.** The Phenomenal Physics Summer Camp is an annual summer camp program run by UBC Department of Physics & Astronomy. Camp participants engage in fun scientific activities designed to encourage thinking and experimenting. Volunteers are expected to commit to at least one week of volunteering for our summer camp program (Volunteer hours are Monday to Friday, 8:30am – 4:30pm, two-week commitment preferred). To apply and for more information visit, [Volunteer Opportunities | UBC Physics & Astronomy Outreach](#)

**Rainforest Adventure Camps**, Adventure Play Care Society [www.RfCamps.com](http://www.RfCamps.com). Are a non-profit that has been providing camps for ages 5-12 and other programs in the Tri-Cities since 2019. Their goal is to empower and inspire youth and create community. They are always looking for kind, patient, and respectful people to volunteer for the activities they offer. Activities at camp include swimming, boating, laser tag in forests, parachute games, tag games, Capture the Flag, sports, board games, card games, hiking, arts and crafts, and more based on the interests of participants. Their out trips include White Pine Beach, the Coquitlam Aquatic Centre, Poirier Pool, Crash Crawly's, Buntzen Lake, Rocky Point, and more. If you are interested email <http://www.rfcamps.com/Contact-Us/> indicating your interest.

**The Royal Soccer Club**, a registered non-profit organization is excited to host our 31<sup>st</sup> annual grassroots summer day camps to children aged 5 to 13 in your community. They have an amazing opportunity for students to **volunteer** at their camps this summer. Their program is designed to promote personal development, team building and of course, FUN! Offering full day and morning sessions to all children aged 5 to 13, the program runs all weeks in July and August. Candidate can apply by visiting the EMPLOYMENT page on their website [Home - Royal Soccer Club](#).

**Port Coquitlam Recreation** is excited to be offering several volunteer opportunities for people 14+ years of age beginning this over Spring Break and into the Spring, with opportunities for community members to build their resumes, develop their leadership skills and connect with their community. Applications are now available on our website at [www.portcoquitlam.ca/volunteer](http://www.portcoquitlam.ca/volunteer).

**2023 Vancouver International Children's Festival** is interested in onboarding a few **Key Volunteers (KV's)** right away, who can begin working within your school to recruit and screen more volunteers. **KVs** generally work around 20 hrs in advance of the Festival, and then transition into Crew Captain roles onsite during the Festival. Serving as a KV and/or Crew Captain provides very strong leadership and communications experience, plus being creative and fun. Any Volunteer who completes over 24 hrs of service will receive a personal reference letter from the Festival. If you are interested, please contact Ms. Rose at [jorose@sd43.bc.ca](mailto:jorose@sd43.bc.ca) or call 604 939 6656 ex. 3066

## **Scholarship / Awards**

**2023-2024 Morehead-Cain Scholarship.** The **Morehead-Cain** is a four-year, fully funded educational experience for students of the highest caliber. It is so much more than tuition and room and board at the University of North Carolina at Chapel Hill. It sets scholars' potential free. It offers life-changing summer enrichment and Lovelace Fund for Discovery experiences. Immersion in a dynamic student body at a world-class university. And lifetime connection to an unparalleled community of Morehead-Cains living all around the globe. For more details, [PowerPoint Presentation \(sd43.bc.ca\)](#) To apply, [Microsoft Word - Nominee Questionnaire.docx \(sd43.bc.ca\)](#)

**2023 Grace Family Network Foundation Scholarship.** Founded in the memory of Rebecca Chan, the **Grace Family Network Foundation (gfnf)** is a non-profit organization that aims to support and encourage under-resourced children and youth in the Metro Vancouver area. **gfnf** is the embodiment of Rebecca's heart for others and the hope that it will be carried on in some small way.

Three scholarships of \$1000 each are available to Metro Vancouver area students graduating in 2023 and beginning their studies at any post-secondary institution in the Fall of 2023. Priority will be given to students in financial need. Applications must be received in full by **11:59pm on Wednesday, May 31st, 2023**. Winners will be notified by July 2023.

To apply and for more information visit, [Grace Family Network Foundation \(gfnf.org\)](#)

**Resolute Legal Disability Lawyers Scholarship.** Are you a high school student pursuing post-secondary education? Do you have a parent or guardian who has a disability? If so, you may be eligible for a \$2,500 scholarship. In accordance with their mission, the students must have a parent or guardian who is unable to work due to a disability.

**Application deadline:** June 1, 2023, at 11:59 p.m. No applications will be accepted after this date. To apply and for more information visit, [Resolute Legal Disability Lawyers Scholarship - Resolute Legal Disability Lawyers](#)

**The Confratellanza Italo-Canadese** was founded in 1904 and is committed to the preservation of Italian cultural heritage and contributing to the enrichment of the multicultural community in the Greater Vancouver area (for more information about us visit our web site at [www.confratellanza.com](http://www.confratellanza.com)). This year they are offering several \$1,000 scholarships to assist eligible students in their post-secondary studies:

The scholarships are open to this year's graduating secondary school students planning to enroll in a post-secondary educational institution for the first time in 2023. To be eligible for this scholarship candidates must 1) be of Italian origin i.e. as having at least one parent or grandparent of direct Italian descent, 2) be living in a city or municipality within the 21-member Greater Vancouver Regional District, 3) have an academic standing sufficient to qualify for entry into the post-secondary institution of their choice, and 4) submit a completed application form with supporting documentation post-marked no later than **June 15, 2023**. To apply, [Scholarship Application – Confratellanza](#)

**The Theatre Society Legacy Fund – Arts Education Bursary** - Bursaries of up to \$2,000 each are available for students who have graduated or plan to graduate this year from a high school (public or private) in the Tri-Cities region (Anmore, Belcarra, Coquitlam, Port Coquitlam and Port Moody). **The Theatre Society Legacy Fund – Arts Education Bursary** is intended for a student enrolled at a CRA-recognized post-secondary institution in [Canada](#) or [internationally](#) in a formal arts program anywhere in the world. Annual Bursary Application Intake: April 19th – May 31<sup>st</sup>. For more information and to apply visit, [TSLF Bursary – PoCo Community Foundation \(pocofoundation.com\)](#)

**BCIT** is pleased to announce that the following Entrance Awards are available to students who are planning to attend our institute starting *May 1, 2023 to April 30, 2024*.

- Over 100 additional BCIT Entrance Awards

\*Some valued up to \$18,000 each. \* **Deadlines: October 1, 2023**

**More information about BCIT Entrance Awards and the application forms can be found at [bcit.ca/financial-aid](http://bcit.ca/financial-aid).**

**The Coquitlam Teachers' Association** Awards and Bursaries are available to SD43 students. The deadline to submit applications (other than the Roy Krutow) to the CTA is June 1. For more information and to apply, please visit [Forms & Scholarships - Coquitlam Teachers Association](#).

## **Contest Opportunities**

**T-shirt Illustration Contest for the 46<sup>th</sup> Annual Golden Spike Days Festival.** The winning T-shirt illustration will be printed on the front of all the 500 T-shirts that volunteers will wear during the 2023 Golden Spike Days Festival. **What do you need to do to participate?** Ask your arts teachers if you can participate in the contest. Have them email [president@goldenspike.ca](mailto:president@goldenspike.ca) by May 12<sup>th</sup> to confirm your participation. Submit your illustrations to Port Moody Golden Spike Days Society, 2715 Esplanade Ave, Port Moody, BC V3H 3P4. Or you call their office to arrange to drop off the artwork in person at the office. Submit your creative illustrations by **May 31<sup>st</sup>, 2023**.

[Raising the Roof](#), a national homelessness prevention charity is looking to create a limited-edition tote bag to sell in their online store in support of their charitable work to build affordable housing and end homelessness in Canada. **They are putting a call out to creative Canadian high school students grades 9-12 to submit their designs.** They are looking for designs inspired by the theme 'RESIDE'. The deadline for submissions is May 31, 2023. All the details can be found on our website: <https://raisingtheroof.org/tote/>

# PARENTS

For information regarding PAC, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>

**Please mark your calendars for our last PAC Meeting of the year:**

- Tuesday, June 6<sup>th</sup> at 7pm

**At this meeting PAC Elections will be held to fill the Executive positions.**

Do you have one hour a month to give to your child's school? We need parents to fill some rolls in next year's PAC as current members are graduating out of the school with their children. Meetings are once a month and are generally one hour. We need a minimum of a Chair, Secretary and Treasurer in order to form an executive and receive the Provincial Gaming Grant. There is very little commitment time on the executive at the High School level (one meeting a month, plus one executive meeting in November to set Gaming Budget)

Any questions email: Heather Skipworth at [skippys@shaw.ca](mailto:skippys@shaw.ca)



## **Did your child have their routine vaccinations?**

This year, students in grade 6 and 9 were offered routine vaccines at school immunization clinics. If your child missed receiving their vaccines, please book an appointment with their family practitioner, pharmacist, community vaccine provider or local public health unit. Routine vaccinations are free in B.C.

Not all family practitioners and pharmacies offer vaccines, so make sure to call ahead. For a list of pharmacies and community vaccine providers visit [fraserhealth.ca/getimmunized](https://fraserhealth.ca/getimmunized).

**To book an appointment at a public health unit call:**

- 604-702-4906 (people who live in Mission, Abbotsford, Chilliwack, Agassiz and Hope)
- 604-476-7087 (people who live in all other areas of Fraser Health)

**Make sure your child's immunization records are up-to-date**

If your child was immunized at the school immunization clinic, we entered the vaccines into your child's electronic record and no action is required by you.

If your child received their routine immunizations outside of a school clinic, for example, their family practitioner or pharmacy, please submit your child's vaccine record online at: [fraserhealth.ca/immunizationform](https://fraserhealth.ca/immunizationform).

If your child received COVID-19 vaccine(s) outside of B.C., please submit your child's record to the Ministry of Health at: <https://immunizationrecord.gov.bc.ca/>.

**To check to see if your child's vaccines are up-to-date for:**

- Routine vaccines – use the online Vaccination Status Indicator Tool at <https://immunizebc.ca/vaccination-status-indicator>
- COVID-19 vaccines – use the online provincial database (Health Gateway) at [https://www.fraserhealth.ca/health-topics-a-to-z/coronavirus/covid-19-vaccine/immunization-record#\\_YlCylrbMI2w](https://www.fraserhealth.ca/health-topics-a-to-z/coronavirus/covid-19-vaccine/immunization-record#_YlCylrbMI2w)

### **COVID-19 vaccine**

The COVID-19 vaccine is provided free to everyone who is eligible at COVID-19 vaccine clinics. For more information and to learn how to book a COVID-19 vaccination appointment, please visit: [gov.bc.ca/GetVaccinated](https://gov.bc.ca/GetVaccinated).

For more information, please contact your local public health unit or visit our website at: [fraserhealth.ca/immunizations](https://fraserhealth.ca/immunizations).

To view this in other languages  
Scan the QR code



[www.fraserhealth.ca](https://www.fraserhealth.ca)

Regional Immunization Program

# COMMUNITY

## **PORT MOODY GOLDEN SPIKE DAYS FESTIVAL**

We are currently looking for volunteers for this year's festival. Held June 30th to July 3rd, 2023. If you are interested, sign up on our website [goldenspike.ca/volunteers](https://goldenspike.ca/volunteers)

*City of Port Moody* RECREATION

Please Click the link for details: [Summer Recreation in Port Moody \(perfectmind.com\)](https://perfectmind.com)

# SD43 TRADES HIRING FAIR



## LOOKING FOR A JOB?

Wednesday, June 7th 5-7pm

@ Centennial Secondary - 570 Poirier St.

43careers.com \* careerprograms@sd43.bc.ca

## The Best Part of Summer is WORKING at

# PNE FAIR

August 19-September 4

**LIST OF ROLES :**

- Agriculture (15+)
- Bartenders (19+)
- Box Office Attendants (15+)
- Facilities & Maintenance (15+)
- Finance (15+)
- Food & Beverage (15+)
- Games (15+)
- Guest Experience (15+)
- Lotteries (19+)
- Public Safety & Parking (15+)
- Playland Maintenance (15+)
- Rides (16+)
- Ticket Office (15+)

**Application  
Deadline:  
June 18**

## Port Moody Amateur Hockey TRY HOCKEY - LEARN TO PLAY 2023



### \$350 Store Credit

at The Hockey Shop, sufficient to buy full set of basic equipment, upgrades also available

**Best option for kids wanting to TRY HOCKEY!**

- Inside Edge Hockey Training run 5 on ice sessions
- Focus on fun over skill development
- Helpful if player has had some prior on-ice experience but not essential

**Option of two 5 day programs in August**  
- 1hr per day (early evening ice times to be confirmed)...

### \$295 (ages 4-14 yrs)

- Equipment included, your choice of brand
- Try Hockey for 5 on ice sessions, 1hr per day
- Only \$300 upgrade to full season in Minor Hockey (Sept-Mar)



**Learn to Play Program Ice Times 2023**

**Week 1 (5 Days On-Ice Instruction)**  
**14-18 August**, 1hr per day @ 6.00pm-7.00pm \*  
Port Moody Recreation Centre

OR

**Week 2 (5 Days On-Ice Instruction)**  
**21-25 August**, 1hr per day @ 6.00pm-7.00pm \*  
Port Moody Recreation Centre

\* Times may vary subject to City of Port Moody

**Players MUST prove residency** in Port Moody, Anmore or Belcarra; and only players NEW to Minor Hockey aged 4-14yrs qualify for discounted fees and Hockey Shop equipment store credit.

**Registration opens March 1<sup>st</sup>**  
**Call/text Allen on 778-388-1571**  
**email : [firstvp@pmaha.com](mailto:firstvp@pmaha.com)**  
**Register via [www.PMAHA.com](http://www.PMAHA.com)**

## Port Moody Amateur Hockey MINOR HOCKEY REGISTRATION



### \$350 Store Credit

at The Hockey Shop included \*sufficient to buy a full set of basic equipment subject to availability, upgrades also available.

**Best option for SKILL DEVELOPMENT**

- Inside Edge Hockey Training led development
- 360 Goaltending development for all goalies +1hr/wk

**Season runs Sept thru to Spring Break March 2024**

- 2hrs/wk Skill Development for U6
- 2hrs/wk Practice + 2hrs/wk Games for U7-U9
- 1hrs/wk Practice + 2hrs/wk Games for U11-U18

### \$595 (ages 4-18 yrs)

- Equipment Included\*, your choice of brand and quality
- Discounted Fees if new to hockey
- Easy Payment Plan Available



**Minor Hockey Ice Times 2022-2023 as reference**

US (2018): Mon 3:45pm + Fri 3:45pm  
U7 (2017): Mon 4:45pm + Sat 7:45am  
: Home Game From Jan, Sun AM + Away Games  
UB (2016): Fri 4:45pm + Sat 8:45am  
: Home Games From Dec, Sun AM + Away Game  
U9 (2015): Tues AM or Thurs AM  
: Home Games From Dec, Sun AM + Away Game  
U11 (2013-2014): Mon AM or Sat AM  
U13 (2011-2012): Mon AM or Sat AM  
: Home Games Sun AM From Oct + Away Game

**Players MUST prove residency** in Port Moody, Anmore or Belcarra. Only players NEW to minor hockey qualify for discounted pricing and equipment credit.

**Easy Payments** - Fees are discounted for NEW PLAYERS Assistance grants are also available via KidsSport, Athletics4Kids, Jumpstart or Hockey Canada Assist Fund

**Call Allen on 778-388-1571 for more info**  
**Register via [www.PMAHA.com](http://www.PMAHA.com) from June 1<sup>st</sup>**

\* Season starts AFTER labour day  
\*\* 2023-2024 ice times subject change/ City of Port Moody approval

## AFTER GRAD 2023

**GRADS THIS IS YOUR LAST CHANCE TO BUY AFTERGRAD TICKETS!!!**

**Ticket Sales have been extended to end of day Friday May 26, 2023**

Make sure you purchase your tickets for a fun night at Central City Fun Park Saturday June 10, 11:59pm – Sunday June 11, 4am. See attached poster. You don't want to miss out!!!

Tickets are \$75 and include bus transportation from Dinner/Dance to Central City Fun Park. Once you are there you will enjoy 4 hours of Arcade and Carnival style games, Bowling, Glow Golf, Hologate VR, Selfie Station, Food and Drinks. There will also be many great prizes for the Grads to win!! You must attend dinner/dance to attend AfterGrad.

Ticket sales through School Cash Online (<https://sd43.schoolcashionline.com>) or see Ms. Mueckel in the office if you are paying in cash. **Cut-off May 26**



**WE NEED PARENTS TO STEP UP!!!!!!** The AfterGrad committee has been very busy, the last several months fundraising and planning to put on an awesome event for our Grads. If you haven't been to a meeting in a while, the one area we desperately need help is volunteers on the night of the event starting with bus supervisors.

We are running short on supervisors to ride the buses from the Pinnacle Hotel to Central City Fun Park in Surrey. If we don't have two parents per bus this event **will be cancelled**. We need a minimum of 2 more volunteers for this.

We also need 1 more parent to pick up these volunteer supervisors from Central City Fun Park in Surrey and drop them at the Pinnacle so they can ride the bus back out to where their car is parked.

**2 Parent Supervisors per bus travel from Pinnacle to Surrey – 1 required**  
**Parent volunteer drivers for parent supervisors pick up in Surrey, drop at Pinnacle – 1 required**

If your child has bought a ticket and is attending this event please consider volunteering if you haven't done so already. Grab a friend and volunteer together.

Please click on the link below to volunteer your time to help your kids have a memorable night.

### **VOLUNTEER SIGN UP:**

The AfterGrad Committee needs your help!!! We have been hard at work fundraising for the kids to have a great night, it would be a shame if we had to cancel for lack of volunteers!!

This event does not happen unless we have the volunteers (8-10 still needed).

If you can help out on the night of the event, please follow the link below and sign up for one (or more shifts). For more info contact: Susy at [areia2001@gmail.com](mailto:areia2001@gmail.com) or Heather at [skippys@shaw.ca](mailto:skippys@shaw.ca)

<https://www.signupgenius.com/go/10c094aa5a928aafec07-byjune#/>

**Please consider supporting one or more of the following fundraisers**

**ME and ED'S PIZZA NIGHT:**

Mark you calendar's for **Wednesday, June 7** and plan to take the night off from cooking!

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**PIZZA NIGHT FUNDRAISER!**

Mention Port Moody Secondary  
when you order for take-out,  
dine-in, or delivery  
on June 7

**Me-n-Ed's will donate 20% of the sales back to the school!**



**Coquitlam 604-931-2468**

**PORT MOODY LIQUOR STORE:** This will be cashed out on June 1, 2023

When making a purchase at the Port Moody Liquor Store (2929 St. Johns Street by the 7-11) mention that you would like to support PMSS After Grad prior to paying and they will return 5% of the sales.

**RETURN-IT (Any location):** This will be cashed out on June 1, 2023

Save your time on sorting and donate your refundable containers to AfterGrad.

Bring your unsorted containers in a sealed, clear or transparent bag to any Return-It Depot.

Enter **604 939 6656** at the Kiosk, a label will print, attach label(s) to your bag(s) of bottles/cans, scan the label(s), put your bag(s) in bin. Please note (Max 12 glass bottles per bag for safety).

**School Cash Online:** <https://sd43.schoolcashionline.com> and select "After Grad Donation"

With appreciation,  
PMSS After Grad Committee